

17th ANNUAL ENDOCRINE RESIDENTS' DAY REVIEW COURSE PROPOSED MEETING AGENDA

Wednesday, October 25, 2023, 8:00 a.m. – 4:00 p.m. ET Palais des Congrès de Montréal, Room 520

Resident Representatives: Dr. Lillian Ruiheng Chen, Université de Montréal

Dr. Geneviève Nadeau, Université de Montréal

Faculty Resident Advisor: Dr. Tayyab Khan, Western University

Dr. Breay Paty, University of British Columbia

Program Speakers: Dr. Mélanie Henderson, Université de Montréal

Dr. Vincent Larouche, McGill University Dr. Mélissa Fiscaletti, Université de Montréal

Dr. Rachel Bond, McGill University Dr. Ran Cheng, Université de Montréal

Professors: Dr. Rémi Rabasa-Lhoret, Université de Montréal

Dr. Geneviève Rondeau, Université de Montréal

Dr. Christopher Tran, University of Ottawa

Learning Objectives

At the end of this session, participants will be able to:

- Develop an understanding of lipid physiology, clinical relevance of specific genetic mutations along lipid pathway, and management of dyslipidemia in youth.
- Review clinical presentation, diagnostic testing and management of neuroendocrine tumours.
- Provide an overview of pathophysiology, clinical presentation investigations and treatment of XLH, Osteogenesis Imperfecta and Hypophosphatasia.
- Review the etiology and management approaches for male infertility.
- Identify if bariatric surgery or pharmacotherapy should be the first line treatment for class III obesity.



17th ANNUAL ENDOCRINE RESIDENTS' DAY REVIEW COURSE PROPOSED MEETING AGENDA

Wednesday, October 25, 2023, 8:00 a.m. – 4:00 p.m. ET Palais des Congrès de Montréal, Room 520

PROGRAM

All times are Eastern Time. Each presentation includes a live Q&A discussion.

8:00 a.m. – 8:25 a.m.	Registration and Breakfast
8:25 a.m. – 8:30 a.m.	Introduction and Opening Remarks Dr. Tayyab Khan, Dr. Lillian Ruiheng Chen, Dr. Geneviève Nadeau
8:30 a.m. – 9:15 a.m.	Topic #1 – Lipid Physiology and Approach to Management in Pediatric Patients Dr. Mélanie Henderson
	 At the end of this presentation, participants should be able to: Review general lipid physiology Describe clinical relevance of genetic mutations along lipid pathway Outline approaches to management in youth
9:20 a.m. – 10:05 a.m.	Topic #2 – Neuroendocrine Tumours Dr. Vincent Larouche
	 At the end of this presentation, participants should be able to: Review clinical presentation of functional vs non-functional neuroendocrine tumours Review diagnostic testing for neuroendocrine tumours Provide an overview of treatment options including Peptide Receptor Radionuclide Therapy (PRRT)
10:35 a.m. – 11:20 a.m.	Topic #3 – Rare Bone Diseases – Diagnosis and Management Dr. Mélissa Fiscaletti At the end of this presentation, participants should be able to:
	Review pathophysiology, clinical manifestation, investigations, and treatment for the following rare bone diseases: XLH, OI, and Hypophosphatasia
11:25a.m. – 12:10 p.m.	Topic #4 – Approach to Male Infertility Dr. Rachel Bond
	At the end of this presentation, participants should be able to: Describe the role of the endocrinologist in male infertility Identify the main causes of male infertility Review treatment options
12:15 p.m. – 13:15 p.m.	Lunch (Resident Council Meeting)
13:15 p.m. – 13:20 p.m.	Overview of Afternoon & Transition to Meet the Professor Dr. Tayyab Khan, Dr. Lillian Ruiheng Chen, Dr. Geneviève Nadeau



17th ANNUAL ENDOCRINE RESIDENTS' DAY REVIEW COURSE PROPOSED MEETING AGENDA

Wednesday, October 25, 2023, 8:00 a.m. – 4:00 p.m. ET Palais des Congrès de Montréal, Room 520

13:20 p.m. – 15:00 p.m.	Bone Appétit: Modern Yet Practical Approaches to Osteoporosis Dr. Christopher Tran
(residents will be assigned a group and will and attend all three 30-	Hypoglycemia in Adult Patients With and Without Diabetes Dr. Rémi Rabasa-Lhoret
minute MTP sessions,	Thyroid Nodule and Cancer
moving to a separate room for each presentation)	Dr. Geneviève Rondeau
15:10 p.m. – 15:55 p.m.	Topic #5 – DEBATE: Should Anti-Obesity Medications Be First Line Therapy Over
	Bariatric Surgery for Those with Class III Obesity? Dr. Ran Cheng (for medication); Dr. Tayyab Khan (for surgery)
	At the end of this presentation, participants should be able to:
	Debate that anti-obesity medication should be the first line of therapy for those with class III obesity.
	Debate that bariatric surgery should be the first line of therapy for those with class III obesity.
	Discuss the pros and cons of each method of treatment

Residents' Day – Trivia Night (space is limited, <u>registration</u> required)

Pub Saint Pierre

410 rue Saint-Pierre, Montréal Doors open at 17:30; Trivia starts at 18:00

Trivia Night Teaser Questions

- 1) Nobody was able to answer this actual \$1,600 question from a 2023 episode of *Jeopardy!*: Also called the hypophysis, this gland is boss level, as its hormones regulate the thyroid & adrenal glands.
- 2) Fill in the blank: in 2013, a case report presented the world's largest _____ tumour, measuring 32 cm in diameter and weighing over 16 pounds.