

### 16<sup>th</sup> ANNUAL ENDOCRINE RESIDENTS' DAY REVIEW COURSE MEETING AGENDA

Wednesday, November 9, 2022, 8:00 a.m. – 4:05 p.m. MT

Resident Representatives: Dr. Jenny Gu,

Dr. Zachary Raizman,

Faculty Liaison: Dr. Breay Paty, University of British Columbia

**Program Speakers:** Dr. Kirstie Lithgow, University of Calgary

Dr. Jamie Benham, University of Calgary Dr. Jonathan Dawrant, University of Calgary Dr. David Campbell, University of Calgary Dr. Emma Billington, University of Calgary

Dr. Erik Venos, University of Calgary

**Professors:** Dr. Paola Luca, University of Calgary

Dr. Lois Donovan, University of Calgary Dr. Chris Symonds, University of Calgary Dr. Hanan Bassyouni, University of Calgary

#### **Learning Objectives**

#### At the end of this session, participants will be able to:

- Review basic embryology and cell lines of pituitary development
- Describe reproductive cycle physiology
- Discuss the manifestations and diagnosis of delayed puberty
- Identify the causes of endocrine hypertension
- Outline the etiologies of hypocalcemia
- Compare approaches and management strategies for hypertriglyceridemia









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### **PROGRAM**

### All times are Mountain Standard. Each presentation includes a live Q&A discussion.

| 8:00 a.m. – 8:25 a.m.   | Registration and Breakfast  |  |
|-------------------------|---|--|
| 8:25 a.m. – 8:30 a.m.   | Introduction and Opening Remarks Dr. Breay Paty, Dr. Zachary Raizman, and Dr. Jenny Gu  |  |
| 8:30 a.m. – 9:15 a.m.   | Topic #1 – Pituitary/hypopituitary management Dr. Kirstie Lithgow   |  |
|                         | At the end of this presentation, participants should be able to:  • Review basic embryology and cell lines of pituitary development   |  |
|                         | <ul> <li>Describe the investigation of hypopituitarism</li> <li>Outline the management of specific hormone deficiencies in hypopituitarism</li> </ul>   |  |
| 9:20 a.m. – 10:05 a.m.  |   |  |
|                         | <ul> <li>At the end of this presentation, participants should be able to:         <ul> <li>Review reproductive cycle physiology</li> <li>Describe the investigation of secondary amenorrhea</li> <li>Discuss an approach to the diagnosis and management of PCOS</li> </ul> </li> </ul> |  |
| 10:05 a.m10:25 a.m.     | Break   |  |
| 10:25 a.m. – 11:10 a.m. | Topic #3 – Pediatric: Puberty topic Dr. Jonathan Dawrant  |  |
|                         | <ul> <li>At the end of this presentation, participants should be able to:</li> <li>Review of normal physiology of puberty</li> <li>Describe the manifestations and diagnosis of delayed puberty</li> <li>Review the management of delayed puberty (puberty induction)</li> </ul>        |  |









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| té canadienne d'endocrinologie et de métabolisme                                   |  |  |  |
|--|--|--|--|
| 11:15 a.m. – 12:00 p.m.  | Topic #4 – Evaluation of Endocrine Hypertension Dr. David Campbell   |  |  |
|  | <ul> <li>At the end of this presentation, participants should</li> <li>Review the causes of endocrine hypertensi</li> <li>List who should be investigated for endocrine hypertension</li> <li>Identify the treatable forms of endocrine h</li> </ul>         | on<br>ine  |  |
| 12:05p.m. – 12:50 p.m.   | Lunch (Resident Council Meeting)   |  |  |
| 12:55 p.m. – 1:40 p.m.   | Topic #5 - Pseudohypoparathyroidism Dr. Emma Billington  |  |  |
|  | <ul> <li>At the end of this presentation, participants should be able to:</li> <li>Describe etiologies of hypocalcemia, including review of types of pseudohypoparathyroidism</li> </ul>   |  |  |
|  | <ul> <li>Identify manifestations and mechanisms of pseudohypoparathyroidism</li> <li>Review the management of pseudohypoparathyroidism, including long-term follow-up and monitoring for other endocrinopathies</li> </ul>                                   |  |  |
| 1:45 p.m. – 2:30 p.m.  | Topic #6 - Lipids Dr. Erik Venos  At the end of this presentation, participants should be able to:  Review lipid physiology  Compare approaches & management strategies for hypertriglyceridemia  List diagnostic criteria for Familial hypercholesterolemia |  |  |
| 2:30 p.m. – 2:50 p.m.  | Break  |  |  |
| 2:50 p.m. – 3:00 p.m.  | Introduction to Meet the Professor Session Dr. Breay Paty, Dr. Zachary Raizman, and Dr. Jenny Gu   |  |  |
| 3:00 p.m. – 4:05 p.m.<br>(Participants choose 1<br>from each 30-minute<br>session) | Meet the Professor  Dr. Paola Luca – Pediatric  Dr. Lois Donovan – Thyroid & Pregnancy  Dr. Hanan Bassyouni – Cushing's  Dr. Chris Symonds – Osteoporosis management   | (Room TBC)<br>(Room TBC)<br>(Room TBC)<br>(Room TBC) |  |
| 4:05 p.m.  | Adjournment  |  |  |

Endocrinology Trivia – Pub Night 6 pm







