



# 2021 PROFESSIONAL CONFERENCE

NOV 23-26, 2021 VIRTUAL CONFERENCE

**CONFERENCE PROGRAM** 





### **OVERALL CONFERENCE LEARNING OBJECTIVES**

At the end of this conference, I will be able to:

- Integrate into my practice knowledge and skills gained from the sharing of Canadian and international research and clinical studies
- Discuss recent advances in the diagnosis and treatment of diabetes, endocrine and metabolic conditions and diseases
- Compare and contrast core concepts, new advances and clinical experiences

### **ACCREDITATION STATEMENT:**

The 2021 Diabetes Canada/CSEM Professional Conference is an accredited group learning activity under Section 1 as defined by the Maintenance of Certification (MOC) program of the Royal College of Physicians & Surgeons of Canada (RCPSC). It is approved by CSEM for a maximum of 19 credits. This program was co-developed and planned with CSEM and Diabetes Canada to achieve scientific integrity, objectivity and balance. Through an agreement between the RCPSC and the American Medical Association (AMA), physicians may convert RCPSC MOC credits to AMA PRA Category 1 Credits™. More information on the process to convert RCPSC MOC credits to AMA credits can be found at <a href="https://edhub.ama-assn.org/pages/applications">https://edhub.ama-assn.org/pages/applications</a>.

Live educational activities occurring in Canada, recognized by the RCPSC as accredited group learning activities (Section 1), are deemed by the European Union of Medical Specialists (UEMS) to be eliqible for ECMEC®.

College of Family Physicians of Canada (CFPC) affiliate members (members whose specialty is not family medicine) may count RCPSC credits toward their Mainpro+ credit requirements. All other CFPC members and non-member Mainpro+ participants may claim up to 50 certified credits per cycle for participation in RCPSC MOC Section 1 accredited activities.

### PLANNING COMMITTEES

### **ALLIED HEALTH SECTION**



Allied Health Section Co-Chair

Kerry Mansell, BSP, PharmD, MBA

Kerrie Abel, MSW, RSW
Lisa Brothers Yetman, BSc, RD, CDE
Steve Chalifoux, BScN, CDE
J.M. Gamble, BScPharm, PhD
Cynthia Keith, PDt, MAHN, CDE
Gail MacNeill, RN, BNSc, MEd, CDE
Anne McLaughlin, PDt, CDE
Leta Philip, BScN, RN, CDE
Kim Young, RD, MSH, CDE

Special Interest Group (SIG) Chairs Zaina Albalawi, MD, MSc, FRCPC Julia Bannister, MSW, RSW, CDE Ariane Godbout, MD, FRCPC Susie Jin, RPh, CDE, CRE Jill Middlemiss, RD, CDE Sarah Moore, NP, MN, PhD

### SCIENTIFIC SECTION



Scientific Section Co-Chair

Christine Doucette, PhD

Clinical Science Sub-Committee
Sonia Butalia, MD, FRCPC, MSc
Daniel Fuller, PhD
Claudia Gagnon, MD
Mahua Ghosh, MBBS, PhD, FRCPC
Jeremy Gilbert, MD, FRCPC
Anthony Hanley, PhD
James Kim, MBBCh, PgDip (Diabetes)
Eyal Kraut, MD, FRCPC

Anna Lam, MD, MSc Lorraine Lipscombe, MD, MSc Brandy Wicklow, MD Jane Yardley, PhD

**Basic Science Sub-Committee**Robin Duncan, PhD
Pedro-Miguel Geraldes, PhD
James Johnson, PhD

Dan Luciani, PhD Francis Lynn, PhD Erin Mulvihill, PhD Jonathan Schertzer, PhD Peter Thompson, PhD Bruce Verchere, PhD Scott Widenmaier, PhD

### INDIGENOUS SCIENCE AND CONTENT SECTION



Indigenous Science and Content Co-Chair

Dale Steinhauer

Linda Diffey, MSc, PhD(c) Denise Lambert Jeff LaPlante Taylor Morriseau, PhD(c) Julianne Sanguins, RN, PhD

### **CSEM SECTION**



CSEM Section Co-Chair

Stan Van Uum, MD, PhD, FRCPC

Sara Awad, MD Jean-Patrice Baillargeon, MD, FRCPC Isabelle Bourdeau, MD, FRCPC Jeremy Gilbert, MD, FRCPC Sabrina Gill, MD, FRCPC Andrea Haqq, MD, MHS, FRCPC, FAAP Catherine Kelly, MD, MSc, FRCPC Heather Lochnan, MD, FRCPC Katherine Morrison, MD, FRCPC Ralf Paschke, MD, PhD Nicole Pun, MD Elizabeth Rosolowsky, MD, FRCPC Naomi Severin, MD, FRCPC Churn-Ern Yip, MD, FRCPC

### NATIONAL ABSTRACT REVIEW PANEL

### **ALLIED HEALTH SECTION**

Kerrie Abel, MSW, RSW Zaina Albalawi, MD, MSc, FRCPC Julia Bannister, MSW, RSW, CDE Lisa Brothers Yetman, BSc, RD, CDE J.M. Gamble, BScPharm, PhD Ariane Godbout, MD, FRCPC Susie Jin, RPh, CDE, CRE Cynthia Keith, PDt, MAHN, CDE Gail MacNeill, RN, BNSc, MEd, CDE Anne McLaughlin, PDt, CDE Jill Middlemiss, RD, CDE Sarah Moore, NP, MN, PhD Leta Philip, BScN, RN, CDE Kim Young, RD, MSH, CDE

### **SCIENTIFIC SECTION**

Sonia Butalia, MD, FRCPC, MSc Robin Duncan, PhD Daniel Fuller, PhD Claudia Gagnon, MD Pedro-Miguel Geraldes, PhD Mahua Ghosh, MBBS, PhD, FRCPC Jeremy Gilbert, MD, FRCPC Anthony Hanley, PhD Jim Johnson, PhD
James Kim, MBBCh, PgDip (Diabetes)
Eyal Kraut, MD, FRCPC
Anna Lam, MD, MSc
Lorraine Lipscombe, MD, MSc
Dan Luciani, PhD
Francis Lynn, PhD
Erin Mulvihill, PhD

Jonathan Schertzer, PhD Peter Thompson, PhD Bruce Verchere, PhD Brandy Wicklow, MD Scott Widenmaier, PhD Jane Yardley, PhD

### INDIGENOUS SCIENCE AND CONTENT SECTION

Linda Diffey, MSc, PhD(c)

Taylor Morriseau, PhD(c)

Julianne Sanguins, RN, PhD

### **CSEM SECTION**

Jean-Patrice Baillargeon, MD, FRCPC Isabelle Bourdeau, MD, FRCPC

Jeremy Gilbert, MD, FRCPC Catherine Kelly, MD, MSc, FRCPC Ralf Paschke, MD, PhD Elizabeth Rosolowsky, MD, FRCPC

The 2021 Diabetes Canada/CSEM Professional Conference abstracts will be available online at www.canadianjournalofdiabetes.com.

### FEATURED SPEAKERS

### **DIABETES CANADA SPEAKERS**



PLENARY LECTURE 1
 Racism in Health-Care Systems
 Jennifer Moore-Rattray (Winnipeg, Manitoba)
 Date: Tuesday, November 23, 2021

Time: 11:45 - 12:45 ET



PLENARY LECTURE 2
History and Story of Insulin, and How Far We Have Come and Where We Are Heading
Dr. Bernard Zinman (Toronto, Ontario)

Date: Wednesday, November 24, 2021

Time: 10:45 - 11:45 ET



ISABEL LOCKERBIE ADDRESS Life Is Sweet Shawn Shepheard (Pickering, Ontario) Date: Wednesday, November 24, 2021

Time: 16:00 - 16:45 ET



PLENARY LECTURE 3
The Onward Journey From Insulin, Islets, Stem Cells and Beyond for Cell Therapy in Diabetes
Dr. James Shapiro (Edmonton, Alberta)
Date: Thursday, November 25, 2021

Time: 10:45 - 11:45 ET

### **CSEM SPEAKERS**

### **WOMEN'S REPRODUCTIVE HEALTH SYMPOSIUM**

Dr. Maria E. Trent (Maryland, USA), Dr. Anne-Marie Carreau (Quebec City, Quebec), Dr. Margaret E. Wierman (London, Ontario)

Date: Friday, November 26, 2021

Time: 10:30 - 12:00 ET

### **GLUCOCORTICOID-INDUCED OSTEOPOROSIS IN CHILDREN AND ADULTS**

Dr. Leanne Ward (Ottawa, Ontario), Dr. Rick Adachi (Hamilton, Ontario)

Date: Friday, November 26, 2021

Time: 12:15 - 13:00 ET

### TRIBUTE TO OUR INDIGENOUS ARTISTS



**Artist 1:** Linda Diffey — A member of Peepeekisis Cree Nation in the Treaty 4 region and a committee member of the Indigenous Science and Content Committee for the Professional Conference. <a href="https://videos.files.wordpress.com/cxwapW0g/diffey-video-final\_hd.mp4">https://videos.files.wordpress.com/cxwapW0g/diffey-video-final\_hd.mp4</a>



**Artist 2:** Valdine Alycia — A two-spirit Red River Métis living in northern Manitoba with a disabling chronic illness.



**Artist 3:** Will Goodon — Red River Métis, Manitoba Métis Federation Minister of Housing, aspiring artist.

### **PROGRAM**

Session learning objectives and conflict of interest disclosures can be found at dcanconference.ca.

### MONDAY, NOVEMBER 22, 2021

11:00 - 15:45

### Diabetes Canada & Diabetes Action Canada Trainee Day

Theme: Plan Your Journey: From Publishing Your Science to Developing Your Career

11:00 - 17:15

### CSEM 15th Annual Endocrine Residents' Day Review Course

Faculty representative: Dr. Breay Paty (Vancouver, British Columbia)

Resident representative: Dr. Nicole Pun (Toronto, Ontario)

## TUESDAY, NOVEMBER 23, 2021: INDIGENOUS SCIENCE AND CONTENT STREAM

11:30 - 12:45

### **Opening Remarks**

### Plenary Lecture 1: Racism in Health-Care Systems

Speaker: Jennifer Moore-Rattray (Winnipeg, Manitoba)

13:00 - 13:45

### **Lunch/Networking/Exhibits**

Co-Developed Accredited Lunch — Obesity Management in Your Practice: Simple Recommendations to Improve Patient Case–Obesity Pharmacotherapy

Faculty: Dr. Jeffery Habert; Dr. Sue Pedersen

14:00 - 14:45

# Session 2: Food Mobilization Efforts in the Wapekeka First Nation: A Pandemic Response to the Ongoing Food Security Crisis

Speakers: Dr. Michael Robidoux (Ottawa, Ontario); Keira Loukes (Ottawa, Ontario)

15:00 - 15:45

### **Networking/Exhibits**

Co-Developed Accredited Symposium — Hybrid Closed-Loop Technology: A Reviewed Role for the Diabetes Health-Care Team

Faculty: Dr. Shahzan Amed; Dr. Alexander Abitbol; Michelle Chrisp; Dr. Céline Huot

### WEDNESDAY, NOVEMBER 24, 2021: ALLIED HEALTH STREAM

9:00 - 10:00

### Diabetes Canada Lifetime Achievement Award: Lecture

Award Recipient: Dr. Mary-Ellen Harper (Ottawa, Ontario)

10:45 - 11:45

### (First 10-15 minutes opening with Indigenous Elder)

### Plenary Lecture 2: History and Story of Insulin, and How Far We Have Come and Where We Are Heading

Chair: Dr. Kerry Mansell (Saskatoon, Saskatchewan) Speaker: Dr. Bernard Zinman (Toronto, Ontario) 12:00 - 12:45

### Session 3: Myth vs Truth: The Safety Profile of Anti-Hyperglycemic Agents

Chair: Dr. Kerry Mansell (Saskatoon, Saskatchewan) Speaker: Dr. J.M. Gamble (Waterloo, Ontario)

### Session 4: Obesity Management for Solo Practitioners and Multidisciplinary Teams

Chair: Susie Jin (Cobourg, Ontario)

Speaker: Dr. Sean Wharton (Hamilton, Ontario)

# Session 5: Heavenly Sweet Talk: The Impact of Meaning and Purpose on COVID 19, Diabetes Distress and Clinician Burnout

Chair: Julia Bannister (Fredericton, New Brunswick) Speaker: Dr. Barry Simon (Toronto, Ontario)

### **PROGRAM**

### Session 6: Hormonal Changes Throughout the Adult Lifespan and Their Effects on Diabetes

Chair: Cynthia Keith (Lower Sackville, Nova Scotia)
Speakers: Dr. Jennifer Yamamoto (Winnipeg, Manitoba); Dr. Adam
Millar (Toronto, Ontario)

13:00 - 13:45

### **Lunch/Networking/Exhibits**

# Co-Developed Accredited Lunch — Expanding the Understanding of Incretins in Type 2 Diabetes: The Role of Dual GIP-GLP-1 Agonism

Speakers: Dr. Julie Lovshin; Dr. Alice Y.Y. Cheng; Dr. Daniel Ngui; Lisa Maks; Dr. Mahua Ghosh

14:00 - 14:50

### Allied Health Oral Abstract Session 1

Chair: Leta Philip (Calgary, Alberta)

- 1. Speakers: Barbara MacDonald, Rebecca Sovdi; Honouring the Stories and Experiences of Indigenous Peoples With Diabetes Through Trauma-Informed Care
- 2. Speaker: Dr. Paul Beamish; Patient Perspectives on Virtual Care for Diabetes Management in the Era of COVID-19
- 3. Speaker: Melanie Mainville; Self-Foot Screen for Patients to Prevent Diabetic Foot Ulcers During a Pandemic

### Allied Health Oral Abstract Session 2

Chair: Susie Jin (Cobourg, Ontario)

- 1. Speaker: Alexandria Ratzki-Leewing; COVID-19 Impact on Diabetes Management
- 2. Speaker: Karine Paiement; Does Having Better Knowledge on Type 1 Diabetes Management Associated With Lower Reported Hypoglycemic Risk During and After Physical Activity?
- 3. Speaker: Nancy Wu; Types of Social Support Offered Through a Virtual Peer Support Network in Youth With Type 1 Diabetes

### **Allied Health Oral Abstract Session 3**

Chair: Cynthia Keith (Lower Sackville, Nova Scotia)

- 1. Speaker: Piraveena Piremathasan; Diabetes and Technology: The Dietitian's Perspective on Nutrition Therapy in the Virtual World
- 2. Speaker: Megan Kean; Policy Reform to Support Insulin Injections in Nova Scotia Schools: A 3I Analysis
- 3. Speaker: Shaily Brahmbhatt; Improving Diabetes Care and Outcomes in Hemodialysis Patients: An Endocrinology Quality Improvement Initiative

### Allied Health Oral Abstract Session 4

Chair: Dr. Zaina Albalawi (St. John's, Newfoundland)

- Speaker: Jahnhavi Patel; A Scoping Review of Foot Screening in People With Diabetes Mellitus Across Canada
- 2. Speaker: Dr. Peter Senior; Connect1dCanada Validation Study in Patient-Driven Design to Accelerate Research in Type 1 Diabetes
- 3. Speaker: Dr. Roseanne Yeung; Starting the Process of Quality Improvement in Edmonton's Tertiary Diabetes Clinics: Getting Our Data Ducks in a Row
- 4. Speaker: Helene Gardiner; Validation of Short-Term Projection of Diabetes Prevalence Using the Canadian Chronic Disease Surveillance System

15:00 - 15:45

### **Session 7: Diabetes and Technology**

Chair: Leta Philip (Calgary, Alberta)

Speaker: Cecilia Hamming (Regina, Saskatchewan)

# Session 8: Improving Care for Women With Diabetes and Pregnancy Across the Life Course and in Remote Australia

Chair: Dr. Ariane Godbout (Montreal, Quebec)

Speaker: Dr. Louise Maple-Brown (Casuarina, Australia)

### **Session 9: Nutrition for Wellness**

Chair: Kim Young (Calgary, Alberta)

Speakers: Piraveena Piremathasan (Montreal, Quebec);

Jennifer Brown (Kanata, Ontario)

### **Session 10: CPG Update**

Chair: Susie Jin (Cobourg, Ontario)

Speaker 1: Dr. Peter Senior (Edmonton, Alberta) Speaker 2: Dr. Harpreet Bajaj (Toronto, Ontario)

16:00 - 16:45

### **Isabel Lockerbie Address**

Chair: Dr. Kerry Mansell (Saskatoon, Saskatchewan) Speaker: Shawn Shepheard (Pickering, Ontario)

17:00 - 17:45

### **Networking/Exhibits**

### Co–Developed Accredited Symposium — Cardiorenal Protection in Diabetes

Speakers: Christine Lapointe; Dr. Akshay Jain; Dr. Veronica Silva; Dr. Robert Goldberg

### THURSDAY, NOVEMBER 25, 2021: SCIENTIFIC STREAM

9:00 - 10:00

Diabetes Canada and CIHR INMD – Early Career Researcher Partnership Award (formerly called the Young Scientist Award): Lecture

Award Recipient: Dr. Francis Lynn (Vancouver, British Columbia)

10:45 - 11:45

(First 10-15 minutes opening with Indigenous Elder)

# Plenary Lecture 3: The Onward Journey From Insulin, Islets, Stem Cells and Beyond for Cell Therapy in Diabetes

Chair: Dr. Christine Doucette (Winnipeg, Manitoba)
Speaker: Dr. James Shapiro (Edmonton, Alberta)

12:00 - 12:45

### Session 11: Diabetes and Pregnancy

Chair: Dr. Ariane Godbout (Montreal, Quebec) Speakers: Dr. Camille Powe (Massachusetts, USA); Dr. Luigi Bouchard (Sherbrooke, Quebec)

### Session 12: Beta-Cell Stress and Dysfunction in Diabetes

Chair: Dr. Peter Thompson (Winnipeg, Manitoba) Speakes: Dr. Amelia Linnemann (Indianapolis, USA); Dr. Scott Soleimanpour (Ann Arbor, Michigan, USA)

### Session 13: Neonatal Diabetes and MODY

Chair: Dr. Sonia Butalia (Calgary, Alberta) Speakers: Dr. Anna Gloyn (Palo Alto, California, USA; Dr. Siri Greeley

### **Session 14: The Mechanistic Microbiome**

Chair: Dr. Jonathan Schertzer (Hamilton, Ontario) Speakers: Dr. Fernando Forato (Hamilton, Ontario); Dr. Tony Lam (Toronto, Ontario)

13:00 - 13:45

### Lunch/Networking/Exhibits

### Co-Developed Accredited Lunch — Diabetes Jeopardy "Live": Exploring Hot Topics Symposium

Host: Dr. Peter Lin

Contestants: Dr. Ilana Halperin; Dr. Akshay Jain; Dr. Thomas Ransom; Dr. Kevin Hamming

14:00 – 14:50

### **Scientific Oral Abstract Session 1**

Chair: Dr. James Kim (Calgary, Alberta)

- Speaker: Dr. David Campbell; First-Line Pharmacotherapy for Incident Type 2 Diabetes: Prescription Patterns, Adherence, and Associated Costs
- Speaker: Dr. Peter Lin; Incorporating Treatment Pauses, Dosing Flexibility, and Education to Support GLP-1RA Therapy Persistence
- 3. Speaker: Rawel Sidhu; Participant-Directed Intervention Tailoring is Associated With Improvements in Glycemic Control for South Asian Adults With Type 2 Diabetes
- 4. Speaker: Dr. Tina Nham; Offspring Birthweight and Long-Term Risk of Maternal Diabetes

### Scientific Oral Abstract Session 2

Chair: Dr. Dan Luciani (Vancouver, British Columbia)

- 1. Speaker: Nathalie Jouvet; Impact of the PGC-1 $\alpha$  Gly482Ser Polymorphism on Mouse Metabolism
- 2. Speaker: Taylor Morriseau; The HNF-1 $\alpha$ G319S Variant Shifts  $\beta$ -cell Metabolism Towards Fat Oxidation in MIN6  $\beta$ -cells and Mouse Islets
- 3. Speaker: Ji Soo Yoon; Profiling Calcium-Dependent Gene Expression and Identifying Functional Diversity in Human Islet Cell Types
- 4. Speaker: George Brownrigg; Sex Differences in  $\beta$ -cells Endoplasmic Reticulum Stress Response

### Scientific Oral Abstract Session 3

Chair: Dr. Francis Lynn (Vancouver, British Columbia)

- 1. Speaker: May Akl; Mechanistic Insight Regarding How NRF1 and NRF2 Protect Against Non-Alcoholic Steatohepatitis
- 2. Speaker: Dr. Pegah Poursharifi; Suppression of ABHD6 Promotes Healthy Expansion of Adipose Tissue in Obesity
- 3. Speaker: Kalsha Diaguarachchige De Silva; Female Renal Tubule-Specific Adipose Triglyceride Lipase Knockout Mice Develop Glucose Intolerance With Advancing Age
- 4. Speaker: Cassandra Locatelli; Metabolic and Cardiovascular Impact of Ketotic Extreme Carbohydrate Restriction

### **Scientific Oral Abstract Session 4**

Chair: Dr. Jane Yardley (Camrose, Alberta)

- Speaker: Dr. Thomas Hawke; Impaired Function and Altered Morphology in the Skeletal Muscles of Adult Men and Women With Type 1 Diabetes
- 2. Speaker: Lindsay Pallo; ProIAPP1-67 Measurement in Type 1 Diabetes: A Novel β-cell Biomarker?
- 3. Speaker: Dr. Evan Lewis; Physical Activity and Nerve Structure and Function in Patients With Longstanding Type 1 Diabetes
- 4. Speaker: Daniel Scarr; Ketogenesis and Ketone Excretion Before and After Empagliflozin Use in Type 1 Diabetes

### **PROGRAM**

15:00 - 15:45

### **Session 15: Lipoprotein Metabolism and Diabetes**

Chair: Dr. Scott Widenmaier (Saskatoon, Saskatchewan) Speakers: Dr. Changting Xiao (Saskatoon, Saskatchewan); Dr. Erin Mulvihill (Ottawa, Ontario)

### **Session 16: Sex Differences in Diabetes**

Chair: Dr. Claudia Gagnon

Speakers: Dr. Elizabeth Rideout (Vancouver, British Columbia); Dr. Michaela Devries-Aboud (Waterloo, Ontario)

### **Session 17: Diabetes in the Elderly**

Chair: Dr. Lorraine Lipscombe (Toronto, Ontario) Speakers: Dr. Iliana Lega (Toronto, Ontario); Dr. Joshua Niznik (Chapel Hill, USA)

### Session 18: Diabetes Remission: Using Nutrition vs. Pharmacotherapy

Chair: Dr. Jeremy Gilbert (Toronto, Ontario)
Speakers: Sean McKelvey (Vancouver, British Columbia);
Dr. Hertzel Gerstein (Hamilton, Ontario)

16:00 - 16:45

### **Session 19: Hormonal Control of Obesity**

Chair: Dr. Erin Mulvihill (Ottawa, Ontario) Speakers: Dr. Jon Campbell (North Carolina, USA); Dr. James Johnson (Vancouver, British Columbia); Dr. Rachel Batterman (London, United Kingdom)

# Session 20: Beyond Primary Prevention: The Role of Cities in Reducing the Burden of Diabetes at the Population Level

Chair: Dr. Daniel Fuller (Saskatoon, Saskatchewan) Speakers: Dr. Sarah Mah (Toronto, Ontario); Dr. David Napier (London, United Kingdom)

### **Session 21: Microvascular Complications**

Chair: Dr. Brandy Wicklow (Winnipeg, Manitoba)
Speakers: Dr. Pedro Geraldes (Sherbrooke, Quebec); Dr. Allison
Dart (Winnipeg, Manitoba)

### Session 22: The Non-Endocrine Cells of the Islet and Their Role in Diabetes

Chair: Dr. Bruce Verchere (Vancouver, British Columbia) Speakers: Dr. Heather Denroche (Vancouver, British Columbia); Dr. Sara Nunes Vasconcelos (Toronto, Ontario)

17:00 - 17:45

### **Networking/Exhibits**

# Co-Developed Accredited Symposium — Reflecting on the Partnership Between Primary Care and Endocrinologists

Speakers: Dr. Zubin Punthakee; Dr. Upender Mehan; Joyce M. Arsenault

18:35 - 19:20

### Session 23: 100 Years of Insulin: Accelerating Canadian Discoveries to Defeat Diabetes initiative

Chair: Dr. Christine Doucette (Winnipeg, Manitoba)
Speakers: Dr. Josef Penninger (Vancouver, British Columbia;
Dr. Andrew Paterson (Toronto, Ontario); Dr. Alison McManus
(Kelowna, British Columbia); Dr. Sylvie Lesage (Montreal, Quebec);
Dr. Marie-Pierre Dube (Montreal, Quebec); Dr. Maria Cristina
Nostro (Toronto, Ontario); Dr. Andrew C. Carpentier (Sherbrooke,
Quebec); Dr. Kaberi Dasgupta (Montreal, Quebec); Dr. Jennifer
Bruin (Ottawa, Ontario)

### FRIDAY, NOVEMBER 26, 2021: CSEM STREAM

10:00 - 10:30

### **CSEM Poster Viewing**

Please visit the posters and ask questions of the presenters.

10:30 - 12:00

### **Welcome and Overview of the CSEM Scientific Program**

Dr. Stan Van Uum; Co-chair DC/CSEM Professional Conference; CSEM President-Elect

### Session 24: Women's Reproductive Health Symposium

Chair: Dr. Sabrina Gill

- 1. Speaker: Dr. Maria E. Trent (Maryland, USA); Polycystic Ovary Syndrome in Adolescence
- 2. Speaker: Dr. Anne-Marie Carreau (Quebec City, Quebec); Polycystic Ovary Syndrome & Non-Alcoholic Steatohepatitis
- 3. Speaker: Dr. Margaret E. Wierman (London, Ontario); Testosterone in Post-Menopausal Women

12:00 - 12:15

### **Lunch/CSEM Poster Viewing**

Please visit the posters and ask questions of the presenters.

### **PROGRAM**

12:15 - 13:00

### Session 25: Glucocorticoid-Induced Osteoporosis in Children and Adults

- Speaker: Dr. Leanne Ward (Ottawa, Ontario); Challenging Cases of Children on Chronic High Doses of GC Transitioning to Adulthood
- 2. Speaker: Dr. Rick Adachi (Hamilton, Ontario); Management of Glucocorticoid-Induced Osteoporosis in Adults

13:00 - 13:45

# Co-Developed Accredited Symposium — What's Your Take? A Multidisciplinary Approach to Using GLP-1RAs in Diabetes

Speakers: Dr. Amel Arnaout, Dr. Tara Sedlak, Dr. Jeffrey Habert, Susie Jin, Dr. Anne-Marie Carreau

13:45 - 14:00

### **Networking/Exhibits/Clinical Conversation**

14:00 - 15:00

### CanDIPS Debate: We Should Lower the Fasting Targets for Gestational Diabetes From 5.3 to 5.0 mmol/L

Pros: Dr. Rachel Bond (Montreal, Quebec); Cons: Dr. Jennifer Yamamoto (Winnipeg, Manitoba)

Chair: Dr. Ariane Godbout (Montreal, Quebec)

14:00 - 15:30

### **Resident Clinical Vignettes/Research Projects Session**

Chair: Dr. Breay Paty (Vancouver, British Columbia)

- 1. Speaker: Dr. Wei Wang; Alpelisib-Induced DKA and Successful Discontinuation of Insulin Within Two Weeks of Resolution
- Speaker: Dr. Alexa Clark; An Evaluation of Virtual Care for Gestational Diabetes Using the Quadruple Aim Framework: Assessment of Patient and Provider Experience, Cost and Clinical Outcomes
- 3. Speaker: Dr. Charlotte Rosen; Cardiac Metastases From a Follicular Variant of Papillary Thyroid Carcinoma Presenting as Acute Chest Pain in a 53-Year-Old Male
- 4. Speaker: Dr. Valerie Lai; First Report of Type II Diabetes Mellitus in an Adult With HMG-CoA Lyase Deficiency Associated With Hyperammonemia
- Speaker: Stefanie Parisien-La Salle; Genetic Dissection of Primary Aldosteronism in a Patient With Multiple Endocrine Neoplasia Type 1 (MEN1) and Concomitant Ipsilateral Adrenocortical Carcinoma and Adenoma
- 6. Speaker: Dr. Madeline Edwards; Insulin Reactions: What Do You Do When Your Treatment's the Trigger?
- 7. Speaker: Dr. Paul Beamish; Milk Alkali Syndrome as a Rare Cause of Severe Hypercalcemia in Twin Gestation
- 8. Speaker: Dr. Ariane De Villers-Lacasse; Specific Medical Therapies of Excess Steroidogenesis in a Patient With Primary Bilateral Mecronodular Adrenal Hyperplasia

15:30 - 15:45

### **Networking/Exhibits/Clinical Conversation**

15:45 - 16:45

Session 26: 2021 Canadian Cardiovascular Society Guidelines for the Management of Dyslipidemia for the Prevention of Cardiovascular Disease in the Adult

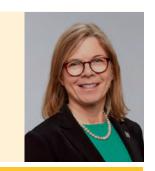
Chair: Dr. Naomi Severin

Speaker: Dr. Robert Hegele (London, Ontario)

# Congratulations to the award winners! We hope that you can join us for the award presentations on Wednesday, November 24, 2021 – 18:30 ET.



Diabetes Canada and CIHR INMD – Early Career Researcher Partnership Award: Francis Lynn, PhD



Lifetime Achievement Award: Mary-Ellen Harper, PhD



Gerald S. Wong Service Award: Ronald M. Goldenberg, MD FRCPC FACE



LifeScan Diabetes Educator of the Year Award:
Susie Jin,
RPh CDE CRE



Brian Dufton Award: Maria Isabella (Marisa) Creatore, MSc PhD



LifeScan Chapter of the Year Award: Northeast British Columbia (Chair: Louise LeFebvre)



CanDIPS
Award of Excellence:
Erin Joanne Keely,
MD FRCPC



CDECB Award of Excellence:
Cynthia D Keith,
Pdt CDE



Thyroid Foundation of Canada Research Award: Ralf Paschke, MD PhD



Dr. Robert Volpé
Distinguished Service
Award:
Daniel L. Metzger,
MD FAAP FRCPC



Dr. Harvey Guyda Educator of the Year Award:

Jeremy Gilbert,

MD FRCPC

### **EXHIBITOR LIST**

Abbott	Insulet Canada
AstraZeneca Canada	Janssen Inc.
Bayer Inc.	LifeScan - maker of the OneTouch brand
BD	Lifestyle Hearing Corporation
Canadian Diabetes Prevention Program (CDPP)	Medtronic
Canadian Society of Endrocrinology & Metabolism (CSEM)	Novo Nordisk Canada Inc.
Dexcom	Roche Diabetes Care
Diabetes Canada	SaskCanola
Egg Farmers of Canada	Tandem Diabetes Care, Inc.
Eli Lilly Canada Inc Boehringer Ingelheim (Canada) Ltd	We are Sanofi Diabetes Canada
HLS Therapeutics Inc. & Pfizer Canada ULC	Ypsomed Diabetescare Canada

### Building/concept description:

Designed as a space where new research and state-of-the-art technologies and treatments are to be presented, this virtual 600 ft by 400 ft conference centre hosts the 2021 Diabetes Canada/CSEM Professional Conference.

The centre's structure is comprised of 100 large mass timber columns and trusses, symbolizing the 100th anniversary of the discovery of insulin—the only effective treatment today for type 1 diabetes—and now symbolically serving as the support and foundation on which the conference centre and research are built today.



The integration of natural materials such as wood and natural daylight into the project were an essential part of the design process, ensuring the health and well-being of both the environment and its users. Showcasing the design and sustainable approach to large-scale wood buildings, the centre acts as a development forward into the new and forthcoming technologies/treatments of the future by offering a welcoming environment for all.

### Catherine Daigle:

Catherine Daigle is a first-year Master's of Architecture student at the McEwen School of Architecture and has generously volunteered her time in the designing of the 2021 Diabetes Canada/ CSEM Professional Conference lobby space. Below is a link to some of her other works: <a href="https://www.catherine-daigle.com/">https://www.catherine-daigle.com/</a>





# Creating a future where disease is a thing of the past.

We are Janssen, the Pharmaceutical Companies of Johnson & Johnson. Bold thinkers. Big dreamers. Fearless advocates on behalf of patients. So that one day, the world's most daunting diseases will be found only in the pages of history books.

Janssen Inc.





# Two Founders Two Companies One Goal

To improve the health of people living with diabetes and cardiovascular disease





Diabetes can be complicated.

We can help.





100 years ago, the discovery of insulin revolutionized healthcare.

We are proud of our role in delivering innovation for Type 1 diabetes, and we know there's much more to do.

Join the conversation about **the future of healthcare innovation** by tuning into **The Next 100**, hosted by Neil Fraser.

Available on Apple, Spotify & Google Podcast apps.



As exciting as it is to commemorate the 100-year anniversary of the discovery of insulin in Canada, what's even more exhilarating is what we're doing today to making the next 100 even better. **We Will.** 



# COMMITTED TO THE NEXT 100 YEARS.

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# I'M A CSEM MEMBER BECAUSE...



### **ADAM MILLAR**

"CSEM enables me to stay connected with my endocrine peers across Canada, whether it be through engagement in national committees, interaction at conferences, or getting friendly clinical advice from experts in their fields."



### **NICOLE PUN**

"I value being part of a community that prioritizes continuing education and camaraderie among endocrinologists, trainees, and interprofessional colleagues across the country!"

### **NETWORKING**

**BUILD YOUR CAREER.** Connect with your colleagues at conferences, on committees, and be the first to know about the latest job and locum postings.

### **ADVOCACY**

**BE INFORMED.** Keep up to date on medication shortages and safety issues, guideline reviews, and QI initiatives that are essential to your practice and impact patient care.

### **ACCREDITED CPD**

**STAY CURRENT.** Discuss patient cases and emerging research with your colleagues during free education sessions.

### **RESEARCH GRANTS**

**FUND YOUR RESEARCH.** Apply for awards such as the Thyroid Foundation of Canada Research Award (\$50,000 for 2 years) or the Young Investigator Award (\$20,000).

### STAY CONNECTED AND CURRENT WITH A CSEM MEMBERSHIP.



### **JOIN CSEM TODAY!**

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# THE 2021 DIABETES CANADA/CSEM PROFESSIONAL CONFERENCE HAS RECEIVED GRANTS FROM THE FOLLOWING SUPPORTERS:

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### **Visionary Supporters**







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# WANT TO LEARN ABOUT ADVANCEMENTS IN DIABETES TREATMENT AND CARE?

Diabetes Canada/CSEM invites you to attend our Professional Conference where health-care professionals will:

- LEARN about significant advancements in diabetes research
- ACCESS more than 50 dynamic, innovative education sessions
- **ENGAGE** with industry leading experts
- EXPAND professional networks with over 1,500 attendees
- EARN continuing professional development credits

**REGISTRATION OPENS EARLY 2022!** diabetes.ca/professionalconference

