

CANADIAN SOCIETY OF
ENDOCRINOLOGY AND METABOLISM



2023 ANNUAL REPORT

JUNE 2022–MAY 2023



YEARS OF ENDOCRINOLOGY



ADVOCATE



ADVANCE



CONNECT



EDUCATE

MISSION

Advocating for excellence in
endocrinology
research, education, and patient care

As the national specialty society representing Canadian endocrinologists, we advance the discipline of endocrinology and metabolism in Canada. We connect academic and community-based endocrinologists and researchers engaged in providing health care, education, and research within the broad domain of endocrinology. As an accredited continuing professional development provider of the Royal College, we develop and approve high-quality, accredited education for specialists.



PRESIDENT'S MESSAGE

2023 marks the 50th year for our Society, a milestone in the Canadian endocrinology and metabolism community. CSEM was formally established in 1973 to unify Canadian endocrinologists and researchers, to showcase Canadian efforts and accomplishments in our field, and to position our Canadian endocrine community on the international stage. Fifty years later, we remain loyal to the original vision of our Society and committed to meeting the needs of our members.

The minutes from a 1973 Council meeting, chaired by Dr. Robert Volpé as President, report that CSEM had 238 members and approximately \$4,000 in assets. Today, CSEM has more than 600 members, one million dollars in assets, an office in Ottawa, and two full-time staff. Our Society supports the learning needs of its members not only with the annual scientific meeting, but also with accredited knowledge transfer activities on important clinical topics, an annual review of practice changing research papers in our field, and hands-on simulation programs such as our thyroid ultrasound workshop. CSEM encourages innovation by supporting residents and young researchers with more than \$80,000 in annual grants and awards. We collaborate with multiple patient advocacy groups including those supporting rare endocrine conditions.

One CSEM volunteer recently stated that they were proud of belonging to a national speciality society that specifically gives a voice and lends support to all endocrine conditions, great and small, through connections with professionals who are passionate about endocrinology. Our strong and engaged members and volunteers drive the work of our Society forward and continue to shape the future. We are looking to you, our members and committed volunteers, and to our dedicated staff to lead our Society through advocacy, research, education, and innovation for the next 50 years. As President, I want to express my heartfelt thanks for all you do to advance the discipline of endocrinology and metabolism in Canada.

STAN VAN UUM, MD, PHD, FRCPC

CSEM President
Chief/Chair Division of Endocrinology and Metabolism
Professor
Department of Medicine, Western University
St. Joseph's Health Care

CSEM COUNCIL 2022–2023

EXECUTIVE COMMITTEE

STAN VAN UUM, **London ON**, President
CÉLINE HUOT, **Montréal QC**, President-Elect
BREAY PATY, **Vancouver BC**, Secretary-Treasurer
HEATHER LOCHNAN, **Ottawa ON**, Past-President
ELIZABETH ROSOLOWSKY, **Edmonton AB**, CPD Chair

DIRECTORS

MAHUA GHOSH, **Edmonton AB**, Chair,
Guidelines Committee
ROBERT GOLDBERG, **Toronto ON**
ALIYA KHAN, **Hamilton ON**
HORTENSIA MIRCESCU, **Montreal QC**
CATHY MURRAY, **St. John's NL**
NAOMI SEVERIN, **Surrey BC**
CHRIS TRAN, **Ottawa ON**
FERHAN SIDDIQI, **Halifax NS**, Chair,
Quality Improvement Committee
DONNA VINE, **Edmonton AB**

OBSERVERS

JEAN-PATRICE BAILLARGEON, **Sherbrooke QC**,
International Society of Endocrinology Representative
LILLIAN RUIHENG CHEN, **Montréal QC**, [Resident Representative](#)
GENEVIÈVE NADEAU, **Montréal, QC**, [Resident Representative](#)
STEPHANIE KAISER, **Halifax NS**, Chair, Awards Committee
TAYYAB KHAN, **London ON**, Faculty Liaison to Residents
JEREMY GILBERT, **Toronto ON**, Chair, Endocrinology and Metabolism
[Royal College Specialty Committee](#)
MAHUA GHOSH, **Edmonton AB**, Observer Representative from the
[Royal College Specialty Committee](#)
ROSE GIRGIS, Representative from the
[Canadian Pediatric Endocrine Group](#)
DANIEL METZGER, **Vancouver BC**, [Webmaster](#)

2023 OUTGOING COUNCIL DIRECTORS

CSEM thanks the following Council Directors whose terms finish October 2023:

HEATHER LOCHNAN, **Ottawa ON**, Past-President
FERHAN SIDDIQI, **Halifax NS**, Director
DONNA VINE, **Edmonton AB**, Director



CLINICAL PRACTICE GUIDELINES COMMITTEE



QUALITY IMPROVEMENT COMMITTEE



CPD COMMITTEE



PROGRAM PLANNING COMMITTEE



AWARDS COMMITTEE



NOMINATING COMMITTEE



RESIDENTS' DAY REVIEW COURSE PLANNING COMMITTEE

COMMITTEES

CSEM Committees move the work of the Society forward with their important contributions to various activities and projects. We are always looking for new members to share their expertise and volunteer their time.

Please [contact us](#) to volunteer.

COMMITTEE HIGHLIGHTS



CLINICAL PRACTICE GUIDELINE FOR MANAGEMENT OF OSTEOPOROSIS AND FRACTURE PREVENTION IN CANADA: 2023 UPDATE

CSEM Review and Endorsement



CHOOSING WISELY CANADA, 2023 NATIONAL MEETING

CSEM representation



RESIDENTS' DAY, FIRST ANNUAL TRIVIA NIGHT, 2022 DIABETES CANADA/CSEM PROFESSIONAL CONFERENCE



HANDBOOK FOR HEALTHCARE PROFESSIONAL ON BIOSIMILAR BIOLOGIC DRUGS

Health Canada–CSEM input and review



PROFESSIONAL DEVELOPMENT

CSEM Continuing Professional Development Opportunities

CSEM develops high-quality, accredited education programs specially designed to meet the needs of residents and endocrinologists. Programs are complimentary and [available on-demand for CSEM members](#).

CSEM KTA: HYPOCALCEMIA REVISITED, ONLINE

- June 28, 2022

4TH ANNUAL ACROMEGALY SUMMIT: IMPROVING QUALITY OF LIFE IN THE MANAGEMENT OF PATIENTS WITH ACROMEGALY ACROSS ADULTHOOD, ONLINE

- October 14, 2022

2022 DIABETES CANADA/CSEM PROFESSIONAL CONFERENCE, CALGARY AB

- November 9–12, 2022

CSEM KTA: THYROID ULTRASOUND WORKSHOP, CALGARY AB

- November 10, 2022

CSEM DIABETES & ENDOCRINOLOGY RESEARCH YEAR-IN-REVIEW, ONLINE

- December 1, 2022

CSEM KTA: MANAGING PCOS OVER THE LIFESPAN: A FOCUS ON THE ADOLESCENT AND THE MENOPAUSAL PATIENT, ONLINE

- April 20, 2023

CSEM KTA: CHECK PLEASE! ENDOCRINE SEQUELA OF IMMUNE CHECK POINT INHIBITORS, ONLINE

- May 4, 2023

CSEM KTA: BONE APPÉTIT: AN OSTEOPOROSIS UPDATE, ONLINE

- May 25, 2023

TREATING EXCESS WEIGHT CAN'T WEIGHT: OBESITY MANAGEMENT IN CLINICAL PRACTICE, CANADIAN OBESITY SUMMIT, WHISTLER BC

- May 23, 2023

CSEM works with physician organizations to review and approve educational programs for credits. Contact [CSEM](#) if you have a program you would like to submit.

DIABETES UPDATE 2023

- The CPD Network

8TH ANNUAL CANADIAN CONSORTIUM FOR CHILDREN'S BONE HEALTH (CCCBH) EDUCATIONAL AND SCIENTIFIC MEETING

ADVANCED OBESITY MANAGEMENT PROGRAM, OBESITY CANADA

ADVOCACY

CSEM continues its advocacy efforts and receives numerous requests for consultation on key initiatives with patient organizations, government, and physician organizations.

ADVOCACY HIGHLIGHTS

DRUG SHORTAGES AND DISCONTINUATIONS

CSEM advocates for uninterrupted access to medications

ENDOCRINE SOCIETY

Global Endocrine Leadership Coalition – CSEM participation

INTERNATIONAL SOCIETY OF ENDOCRINOLOGY

CSEM representation on General Council

Our collaborators include:

- [Biologic and Radiopharmaceutical Drugs Directorate,](#)
Health Canada
- [Canadian Addison's Society](#)
- [Canadian Medical Association](#)
- [Choosing Wisely Canada](#)
- [Diabetes Canada](#)
- [Drug Shortages Unit,](#) Health Canada
- [Institute of Nutrition, Metabolism and Diabetes,](#)
Canadian Institutes of Health Research
- [Obesity Canada](#)
- [Thyroid Foundation of Canada](#)
- [Royal College of Physicians and Surgeons of Canada](#)

2022 AWARD WINNERS

CSEM applauds the significant contributions of distinguished members, and supports residents and young researchers to encourage innovation and excellence in the field of endocrinology. Congratulations to our 2022 award and grant winners who were recognized at the 2022 Diabetes Canada/CSEM Professional Conference in Calgary, AB:



DR. ROBERT VOLPÉ
DISTINGUISHED SERVICE AWARD

- DR. HERTZEL GERSTEIN



DR. HARVEY GUYDA EDUCATOR OF
THE YEAR AWARD

- DR. BREAY PATY



DR. FERNAND LABRIE RESEARCH
FELLOWSHIP GRANT

- DR. STÉPHANIE PARISIEN-LA SALLE



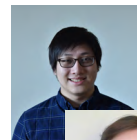
CSEM YOUNG INVESTIGATOR AWARD

- DR. CLAUDIA GAGNON



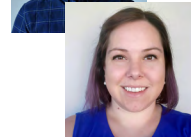
CSEM QUALITY IMPROVEMENT AWARD

- DR. KIMBERLY LAU



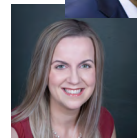
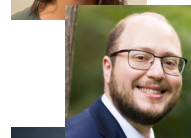
DR. SONIA SALISBURY RESIDENT CLINICAL
VIGNETTE AWARDS

- DR. RYAN LE
- DR. KRISTINA PABEDINSKAS



DR. JOHN DUPRÉ AWARD

- DR. JACLYN FERRIS
- DR. ARI MORGENTHAU
- DR. CASSANDRA HAWCO



DR. CHARLES HOLLENBERG AWARD

- PAUL STEWARDSON, PHD CANDIDATE

2023 FINANCIAL REPORT

Statement of Operations

FOR THE YEAR ENDED MAY 31, 2023

	2023	2022
REVENUE		
Accreditation	\$ 621,937	637,110
Annual meeting	104,588	54,648
Corporate	63,513	36,692
Awards and grants	62,750	60,375
Knowledge transfer activities	64,822	—
	\$ 920,610	788,825
EXPENSES		
Accreditation	\$ 387,083	373,252
Annual meeting	56,228	30,285
Corporate	221,171	181,520
Awards and grants	116,822	87,567
Governance	10,560	5,586
Knowledge transfer activities	30,645	—
	822,509	678,210
EXCESS (DEFICIENCY) OF REVENUE OVER EXPENSES	98,101	110,615

Statement of Financial Position

MAY 31, 2023

	2023	2022
CURRENT ASSETS		
Cash	\$ 226,560	204,778
Current portion of investments	436,197	559,059
Accounts receivable	131,226	50,010
Prepaid expenses	574	7,385
	\$ 794,557	821,232
INVESTMENTS	300,292	84,756
CAPITAL ASSETS	458	1,008
	300,750	85,764
	\$ 1,095,307	\$ 906,996
LIABILITIES		
CURRENT LIABILITIES		
Accounts payable and accrued liabilities	\$ 74,969	\$ 47,792
Deferred revenue	117,892	26,859
	192,861	74,651
NET ASSETS		
UNRESTRICTED	902,446	832,345
	\$ 1,095,307	\$ 906,996

INDUSTRY COUNCIL

CSEM's Industry Council was developed to establish formalized relationships for support of national educational and research program initiatives. Sponsorship funds awards and grants, fellowships, CPD learning activities, and the annual Residents' Day Review Course.

2022-2023 SPONSORS

VISIONARY



INNOVATOR



ADVOCATE





The Canadian Society of Endocrinology and Metabolism
La Société canadienne d'endocrinologie et de métabolisme

50

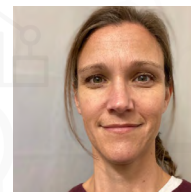
CONTACT INFORMATION

192 BANK STREET | OTTAWA, ON | K2P 1W8
INFO@ENDO-METAB.CA | 613.594.0005
WWW.ENDO-METAB.CA

STAFF



INIKA ANDERSON
Executive Director
inika@endo-metab.ca



JENNIFER LAFRENIERE
Membership and Administrative
Coordinator
jennifer@endo-metab.ca