



CANADIAN SOCIETY OF ENDOCRINOLOGY AND METABOLISM + JUNE 2020-MAY 2021

MISSION

CSEM is the national advocate for excellence in endocrinology research, education, and patient care. As the national specialty society representing Canadian endocrinologists, we advance the discipline of endocrinology and metabolism in Canada. We connect academic and community-based endocrinologists and researchers engaged in providing health care, education and research within the broad domain of endocrinology. As an accredited continuing professional development provider of the Royal College, we develop and approve high-quality, accredited education for specialists.



ADVOCATE



ADVANCE



CONNECT



EDUCATE

PRESIDENT'S MESSAGE

As my two-year term as President comes to an end, I can reflect on this amazing experience as an enriching opportunity to work with and serve our member endocrinologists across Canada. I am so grateful to all our CSEM volunteer members for their engagement this year, and I confidently anticipate my next role as Past-President. I give special thanks to Inika Anderson, our Executive Director, who has helped us advance our mission, enabled CSEM to take on new roles and activities, and supported me in my position.

For a second year in a row, I can say we have never been busier. Our pivot to virtual education, meetings, and conferences has been incredibly successful. CSEM is now routinely providing excellent online education and professional development opportunities with tremendous participation by you, our members. Our industry partners have been extremely keen to support accredited education with speakers from across Canada and international experts such as Drs. Auchus and Anawalt speaking on androgen misuse and abuse in June.

To be responsive and reflective of our membership, we also presented educational sessions in both official languages. The [Cushing's Disease symposium](#) was offered this September in French, and twice in English to enhance participation from different time zones.

I was very proud of our first [Research and Discovery Day](#), this October. Chaired by Dr. Donna Vine, the outstanding program featured superb speakers and spotlighted our recent CSEM award winners. Established faculty updated us on their work alongside our future researchers exploring new avenues of discovery. While the inspiration for this symposium was the 100th anniversary of the Canadian discovery of insulin, we intend to make this an annual event.

Despite its abbreviated form, the first virtual Diabetes Canada/CSEM Professional Conference in 2020 was a tremendous success. I missed seeing and interacting with you all, and yet I came away so impressed with the program. My personal highlights included the very polished clinical vignette presentations by our up-and-coming endocrine residents. Many thanks to Dr. Stan Van Uum who chaired our CSEM planning committee and to Dr. Breay Paty who led the planning of the annual residents' day course along with our resident representative, Dr. Nadia Moledina.

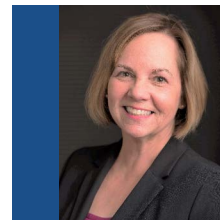
Drug shortages have been a recurrent challenge for endocrinologists and patients recently. CSEM now monitors for shortages and discontinuations of medications that are important to our practice. We collaborate with [Health Canada](#) and manufacturers to advocate for uninterrupted access to these medications for Canadian patients. The [Drug Shortages & Safety](#) section on our website is updated regularly with new information as we receive it.

CSEM's global collaborations include the [International Society of Endocrinology](#). Notably, Dr. Jean-Patrice Baillargeon served on the program organization committee of the Argentina virtual 2021 International Congress of Endocrinology. We also liaise with the Endocrine Society, nominating members for their annual Global Leadership Academy.

A key CSEM function is our role as an [accredited provider](#) of CPD for the Royal College of Physicians and Surgeons of Canada. Due to the pandemic, CSEM's reaccreditation has been postponed twice and is now scheduled for December 2021. Lots of work goes on behind the scenes; Dr. Céline Huot, as chair of our CPD committee, continues to ensure we are ready for our review.

All this work is possible thanks to the dedication of our CSEM members who volunteer their time in many ways—on council, on committees, as program reviewers, speakers, and moderators. My sincere thanks to all of you. Your commitment, combined with the support of our partners and corporate sponsors, allows us to continue offering excellent educational programs. And thanks to the engagement of our members, the commitment of our Executive, Council, and Committees, and dedicated staff management, I am pleased to report that CSEM is in excellent shape and ready to further advance our mission.

My final duty as CSEM President is to pass the torch to our new CSEM President Dr. Stan Van Uum from London, Ontario. We look to 2022 with optimism and enthusiasm.



Heather Lochnan, MD, FRCPC

CSEM President
Assistant Dean CPD and Education Programming
Professor of Medicine, University of Ottawa
Head, Division of Endocrinology and Metabolism

CSEM COUNCIL 2020–2021

EXECUTIVE COMMITTEE

Dr. Heather Lochnan, President

Dr. Stan Van Uum, President-Elect

Dr. Breay Paty, Secretary-Treasurer

Dr. Jean-Patrice Baillargeon, Past-President

Dr. Céline Huot, CPD Chair

DIRECTORS

Cathy Murray

Ferhan Siddiqi, Chair, [Quality Improvement Committee](#)

Hortensia Mircescu

Sabrina Gill

Mahua Ghosh

Katherine Morrison

Naomi Severin

Donna Vine

Robbie Goldberg

OBSERVERS

Shazhan Amed, Representative from the [Canadian Pediatric Endocrine Group](#)

Stephanie Kaiser, Chair, [Awards Committee](#)

Daniel Metzger, [Webmaster](#)

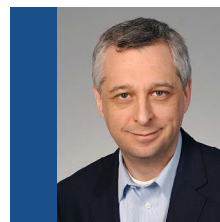
Adam Millar, Chair, [Guidelines Committee](#)

Andrea Opgenorth, Observer Representative from the [Royal College Specialty Committee](#)

Nicole Pun, [Resident Representative](#)

2020 OUTGOING COUNCIL DIRECTORS

CSEM thanks the following Council Directors whose terms finished November 2021:



Jean-Patrice Baillargeon



Sabrina Gill

COMMITTEES

CSEM Committees move the work of the Society forward with their important contributions to various activities and projects. We are always looking for new members to share their expertise and volunteer their time. Please [contact us](#) to volunteer.

CLINICAL PRACTICE GUIDELINES COMMITTEE

ADAM MILLAR, CHAIR

CSEM's Clinical Practice Guidelines Committee reviews the methodological quality, endocrine validity and general appropriateness of CPGs with a view to endorsing and promoting evidence-based practice and decision-making in Canada. The committee recently endorsed: *Evaluation and Management of Primary Hyperparathyroidism: Summary Statement and Guidelines from the Fifth International Workshop*.

QUALITY IMPROVEMENT COMMITTEE

FERHAN SIDDIQI, CHAIR

Introduction of CSEM Quality Improvement Award for trainee abstracts

Yearly review of Choosing Wisely Canada's Endocrinology and Metabolism Recommendations, [Five Things Physicians and Patients Should Question](#)

CPD COMMITTEE

CÉLINE HUOT, CHAIR

CSEM's Continuing Professional Development Committee develops innovative programs that help facilitate [ongoing learning](#) for endocrinologists. The CPD Committee also works hard to maintain CSEM's status as an accredited provider of the Royal College of Physicians and Surgeons of Canada. The committee also [reviews and approves](#) programs developed by other physician organizations. Please [contact us](#) if you have a program you would like accredited.

CSEM ACCREDITED PROGRAMS 2020-2021

Developed by CSEM:

- Your Changing Practice Series: The Impact of COVID-19 on Endocrinologists
 - [Virtual Care Discussion Forum](#)
 - [COVID-19, Adrenal Insufficiency, and Stress Management: For Your Patients \(and You\)](#)
- [2nd Annual Acromegaly Summit](#): The Journey of Acromegaly Patients During the Pandemic
- [CSEM Knowledge Transfer Activities](#) (Section 3):
 - [Growth Hormone Deficiency](#): New Options for Treatment & Long-Acting Therapies
 - [Androgen Misuse and Abuse](#)
 - [Difficult Diabetes: Hyperglycemia in Cushing's & Acromegaly](#)
- The Ideal Pathway to Diabetes Management (CSEM-MD BriefCase)

Approved by CSEM:

- [Diabetes Quality Improvement Primer](#) (Quest University of Toronto Banting and Best Diabetes Centre)
- [Under the Umbrella: Severe Hypoglycemia](#) (The CPD Network)
- [Diabetes Update 2021](#) (The CPD Network)
- [Pediatric ESAP 2021-2022](#) (Endocrine Society)
- The Canadian Consortium for Children's Bone Health (CCCCBH) and The Canadian Alliance for Rare Disorders of the Skeleton 2021 Virtual Series

PROGRAM PLANNING COMMITTEE

STAN VAN UUM, CHAIR (OCT. 2020)

The 2020 Diabetes Canada/CSEM Professional Conference was our first virtual conference, which attracted more than 2,100 delegates. The conference featured 27 exhibitors, 112 poster presentations, 60 speakers, including Dr. Andrew Hattersley presenting during the CSEM scientific program on genetics in diabetes.



ADVOCACY

CSEM CONTINUES ITS ADVOCACY EFFORTS AND RECEIVES NUMEROUS REQUESTS FOR CONSULTATION. HIGHLIGHTS FROM 2020-2021 INCLUDE:

- + Canadian Addison Society — presentation on adrenal insufficiency during COVID-19 stress times
- + Diabetes Canada — support of the Diabetes 360° campaign
- + Obesity Canada — endorsement of the Weight Bias, Obesity Stigma and COVID-19 Call to Action
- + Thyroid Foundation of Canada — launch of a research award
- + Biologic and Radiopharmaceutical Drugs Directorate, Health Canada — development of a biosimilar handbook

2020 AWARD WINNERS

CSEM SUPPORTS RESIDENTS, YOUNG RESEARCHERS AND INNOVATION AND EXCELLENCE IN THE FIELD OF ENDOCRINOLOGY. CONGRATULATIONS TO OUR 2020 AWARD AND GRANT WINNERS:

Dr. Fernand Labrie Research Fellowship Grant

Dr. Cathy Sun
University of Ottawa

Dr. Sonia Salisbury Resident Clinical Vignette Awards

Anna Liu
Western University

Ameena Meerasa
University of Ottawa

Dr. John Dupré Award

Davis Sam
University of British Columbia

Alexandra Pouliot
Université de Montréal

2021 FINANCIAL REPORT

Statement of Operations

FOR THE YEAR ENDED MAY 31, 2021

	2021	2020
REVENUE (\$)		
Accreditation	320,602	166,300
Knowledge transfer activities	60,060	86,095
Annual meeting	18,660	46,501
Corporate	40,873	46,258
Awards and grants	4,875	5,000
	445,070	350,154
EXPENSES (\$)		
Accreditation	171,265	67,474
Knowledge transfer activities	19,475	29,457
Annual meeting	12,352	40,139
Corporate	152,071	145,912
Awards and grants	32,000	59,151
Governance	3,745	1,104
	390,908	343,237
EXCESS (DEFICIENCY) OF REVENUE OVER EXPENSES (\$)		
	54,162	6,917

Statement of Financial Position

MAY 31, 2021

ASSETS	2021	2020
CURRENT ASSETS (\$)		
Cash	350,569	350,494
Current portion of investments	268,034	333,029
Accounts receivable	66,245	26,269
Prepaid expenses	3,710	2,062
	688,558	711,854
INVESTMENTS (\$)	140,248	—
	828,806	711,854
LIABILITIES		
CURRENT LIABILITIES (\$)		
Accounts payable and accrued liabilities	47,334	22,748
Deferred revenue	59,742	21,538
	107,076	44,286
NET ASSETS		
UNRESTRICTED		
	721,730	667,568
	828,806	711,854

INDUSTRY COUNCIL

CSEM's Industry Council was developed to establish formalized relationships for support of national educational and research program initiatives. Sponsorship funds awards and grants, fellowships, CPD learning activities, and the annual Residents' Day Review Course.

2020–2021 SPONSORS

VISIONARY



INNOVATOR



ADVOCATE



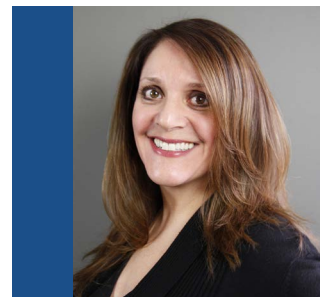
The Canadian Addison Society
Offering support for those with Addison's disease
and other forms of Adrenal Insufficiency

STAFF



INIKA ANDERSON

Executive Director
inika@endo-metab.ca



PAM GOSEWICH

Membership Coordinator (part-time)
csem@endo-metab.ca

