

Annual Report

Canadian Society of
Endocrinology and Metabolism

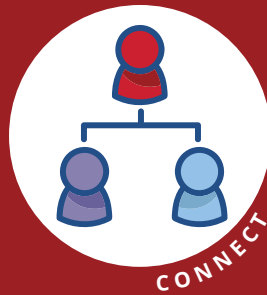
June 2019–May 2020

2020



MISSION

CSEM is the national advocate for excellence in endocrinology research, education, and patient care. As the national specialty society representing Canadian endocrinologists, we advance the discipline of endocrinology and metabolism in Canada. We connect academic and community-based endocrinologists and researchers engaged in providing health care, education and research within the broad domain of endocrinology. As an accredited continuing professional development (CPD) provider of the Royal College, we develop and approve high-quality, accredited education for specialists.



PRESIDENT'S MESSAGE

An Extraordinary Year

When I began my term as President in October 2019, none of us could have predicted what the year ahead had in store for us! 2020 has been extraordinary year in so many ways. We have experienced rapid change and uncertainty, with incredible concerns for the health and safety of patients, coworkers, friends, families and ourselves. CSEM is fortunate to have a committed Executive Committee and Council, dedicated management, and a supportive membership that have allowed us to move the work of the Society forward. It's imperative that we work together as a Canadian endocrine community to advocate for endocrinology research, education, and patient care.

I am committed to ensuring CSEM provides our members with educational opportunities throughout the year. Last fall we launched our [CPD Needs Assessment](#) and given the pandemic, we opted to pause this process. Thanks to the many of you who did complete the survey and we need the remainder of you to provide your input, and now more than ever, your feedback regarding effective online learning activities. I invite you to complete the [survey](#) and share your thoughts.

Our annual conference is an important opportunity to learn from each other, share research, and discuss recent advances in endocrinology. We held a successful 2019 [Professional Conference](#) with Diabetes Canada in Winnipeg, however, the future of in-person meetings remains unknown. Many of you participated in the 2020 successful [virtual conference](#), and we anticipate another virtual meeting in 2021.

A key function of CSEM is its role as an accredited CPD provider of the Royal College of Physicians and Surgeons of Canada (RCPSC). We must undergo regular accreditation as an organization to maintain this role. The RCPSC has postponed CSEM's scheduled re-accreditation from November 2020 to April 2021. We are in good stead for re-accreditation and we further plan to expand our educational options for members. CSEM began a strategic planning process in 2019 seeking membership input to identify priority goals, and it is clear that provision of top-quality education is viewed as an important CSEM mandate. While our strategic planning process has been put on pause due to the pandemic, we will renew efforts in 2021.

Over the past year, CSEM has strengthened its relationship with existing partners such as [Diabetes Canada](#) and has built new relationships. CSEM has worked closely with Health Canada in regard to our concerns over drug shortages. CSEM worked with the [Canadian Addison's Society](#) (CAS) to endorse the CARES Foundation [emergency protocols for emergency personnel](#) regarding treatment of adrenal insufficiency, as well as a [patient emergency card](#). We also held a joint CAS-CSEM patient education session on pandemic stress and adrenal insufficiency. CSEM reviewed and endorsed [Obesity Canada's 2020 Canadian Adult Obesity Clinical Practice Guidelines](#), and signed on to the [Canadian Obesity Advocacy Network](#) (COAN). Additionally, CSEM is supporting the [Thyroid Foundation of Canada](#) to offer a grant for thyroid disease research that impacts patient care. Launching in early 2021, the award will consist of \$50,000 per year for 2 years.

We have also strengthened our relationships internationally. I am proud to announce that CSEM made a successful bid to host the 2024 International Congress of Endocrinology in Montreal. We hope that by 2024 global travel and in-person meetings will again be possible. This collaboration with the [International Society of Endocrinology](#) has already served to enhance our international reputation and provide opportunities for involvement for CSEM members.

CSEM will continue to provide high-quality, online education for our members. Thanks to educational grants from our partners and corporate sponsors, we expect our finances to remain stable. With the support of our membership, and commitment of our Executive, Council and Committees, and dedicated staff management, we can continue to effectively advance our mission.

I invite you to contact me with your questions and comments at president@endo-metab.ca.



Heather Lochnan, MD, FRCPC

CSEM President
Assistant Dean CPD and Education Programming
Professor of Medicine, University of Ottawa
Head, Division of Endocrinology and Metabolism

CSEM COUNCIL 2019–2020

EXECUTIVE COMMITTEE

Heather Lochnan, President
 Stan Van Uum, President-Elect
 Breay Paty, Secretary-Treasurer
 Jean-Patrice Baillargeon, Past-President
 Céline Huot, CPD Chair

DIRECTORS

Cathy Murray
 Ferhan Siddiqi, Chair,
Quality Improvement Committee
 Hortensia Mircescu
 Sabrina Gill
 Mahua Ghosh
 Katherine Morrison
 Naomi Severin
 Donna Vine
 Robbie Goldberg

OBSERVERS

Stephanie Kaiser, Chair,
Awards Committee
 Adam Millar, Chair,
Guidelines Committee
 Cheri Deal, Representative,
International Society of Endocrinology
 Shazhan Amed, Representative,
Canadian Pediatric Endocrine Group
 Andrea Opgenorth, Representative,
Royal College Specialty Committee
 Daniel Metzger,
Webmaster
 Nadia Moledina,
Resident Representative

2019 OUTGOING COUNCIL DIRECTORS

CSEM thanks the following Council Directors whose terms finished October 2019:

Connie Chik
 Alice Cheng
 Dan Metzger
 Pendar Farahani



2017–2019 PRESIDENT

Jean-Patrice Baillargeon

CSEM WOULD LIKE TO THANK JEAN-PATRICE FOR HIS TREMENDOUS LEADERSHIP OVER THE PAST TWO YEARS. THIS PERIOD OF ORGANIZATIONAL GROWTH AND DEVELOPMENT REQUIRED EXTRA EFFORT FROM JEAN-PATRICE TO MANAGE THE TRANSITION TO DEDICATED STAFF MANAGEMENT. CSEM IS EXTREMELY GRATEFUL FOR HIS DEDICATION.



COMMITTEES

CSEM COMMITTEES MOVE THE WORK OF THE SOCIETY FORWARD WITH THEIR IMPORTANT CONTRIBUTIONS TO VARIOUS ACTIVITIES AND PROJECTS. WE ARE ALWAYS LOOKING FOR NEW MEMBERS TO SHARE THEIR EXPERTISE AND VOLUNTEER THEIR TIME. PLEASE **CONTACT US** TO VOLUNTEER.

CLINICAL PRACTICE GUIDELINES COMMITTEE

Adam Millar, Chair

CSEM's Clinical Practice Guidelines (CPG) Committee reviews the methodological quality, endocrine validity and general appropriateness of CPGs with a view to endorsing and promoting evidence-based practice and decision-making in Canada. The committee recently endorsed:

- **2020 Canadian Adult Obesity Clinical Practice Guidelines**
- **Asymptomatic Thyroid Dysfunction (2019) from the Canadian Task Force on Preventive Health Care**
- **Canadian Adrenal Crisis Emergency Card and the CARES EMS protocol for adrenal crisis**

QUALITY IMPROVEMENT COMMITTEE

Ferhan Siddiqi, Chair

Yearly review of **Choosing Wisely Canada's** Endocrinology and Metabolism Recommendations, **Five Things Physicians and Patients Should Question**

CPD COMMITTEE

Céline Huot, Chair

CSEM's Continuing Professional Development Committee develops innovative programs that help facilitate ongoing learning for endocrinologists. The CPD Committee also works hard to maintain CSEM's status as an accredited provider of the Royal College of Physicians and Surgeons of Canada. The committee also reviews and approves programs developed by other physician organizations. Please **contact us** if you have a program you would like accredited.

CSEM ACCREDITED PROGRAMS 2019–2020

Closing the Knowledge Gap: RAI-Refractory Differentiated Thyroid Cancer (section 3 credits)
International Experts Discuss Key Learnings from the ADA's 79th Scientific Sessions for Specialists

- **Diabetes Update 2020**
- **ESAP 2018**
- **ESAP 2019**
- **4th Annual Canadian Pediatric Bone Health Working Group Meeting**
- **UNDER THE UMBRELLA: Using Knowledge & Preparation to Safeguard Against Severe Hypoglycemia**
 — *with the CPD Network*

PROGRAM PLANNING COMMITTEE

Heather Lochnan, Chair (Oct. 2019)

More than 1,500 participants attended the **2019 Diabetes Canada/CSEM Professional Conference** in Winnipeg. CSEM's scientific program highlights included Dr. Yuri Nikiforov discussing thyroid cancer and genetic markers, and Dr. Michael Whyte and Dr. Suzanne Jan de Beur discussing Hypophosphatasia and X-linked Hypophosphatemia. CSEM Knowledge Transfer Activities (KTA) included topics such as controversies in the management of the person with pituitary disorders, and the use of neck ultrasound and cytology to risk stratify thyroid nodules.



ADVOCACY

CSEM has expanded its advocacy efforts and receives numerous requests for consultation.

Highlights from 2019–2020 include:

- **Fludrocortisone 21-acetate shortage** — advocated to Health Canada for consistent supply
- **Propylthiouracil (PTU) discontinuation** — advocated to Health Canada to ensure urgent importation and a long-term supply of PTU
- **Obesity Canada** — representation on the **Canadian Obesity Advocacy Network** (COAN) and participation in **OPEN** meetings (Obesity Policy and Engagement Network), November 2019
- **Thyroid Foundation of Canada** — presentation at their AGM, July 2019 and establishment of research award
- **Biosimilar implementation** — participation in pan-Canadian evaluation facilitated by CADTH (Canadian Agency for Drugs and Technologies in Health), pCPA (pan-Canadian Pharmaceutical Alliance) and Ontario Health (Cancer Care Ontario)

2019 AWARD WINNERS



CONGRATULATIONS TO OUR OUTSTANDING CSEM MEMBERS FOR THEIR EXCELLENCE IN RESEARCH, LEADERSHIP, TEACHING AND SERVICE TO THE CANADIAN ENDOCRINE COMMUNITY:

DR. ROBERT VOLPÉ DISTINGUISHED SERVICE AWARD

Connie Chik
University of Alberta

DR. HARVEY GUYDA EDUCATOR OF THE YEAR AWARD

Ali Imran
Dalhousie University



CSEM SUPPORTS RESIDENTS, YOUNG RESEARCHERS, AND INNOVATION AND EXCELLENCE IN THE FIELD OF ENDOCRINOLOGY. CONGRATULATIONS TO OUR 2019 AWARD AND GRANT WINNERS:

DR. FERNAND LABRIE RESEARCH FELLOWSHIP GRANT

Jamie Laura Benham
University of Calgary

YOUNG INVESTIGATOR AWARD

Mélanie Henderson
Université de Montréal

DR. SONIA SALISBURY RESIDENT CLINICAL VIGNETTE AWARDS

Jonathan Legault
Université de Montréal

Linda Wang
University of Ottawa

DR. JOHN DUPRÉ AWARD

Trisha Patel
University of British Columbia

Jooho Lee
Western University

Fanny Goyette
Université de Montréal

Stéphanie Parisien-Lasalle
Université de Montréal

2020 FINANCIAL REPORT

STATEMENT OF OPERATIONS FOR THE YEAR ENDED MAY 31, 2020

	2020	2019
REVENUE (\$)		
Accreditation	166,300	275,299
Knowledge transfer activities	86,095	86,394
Annual meeting	46,501	46,922
Corporate	46,258	32,962
Awards and grants	5,000	22,600
	350,154	464,177
EXPENSES (\$)		
Accreditation	67,474	196,835
Knowledge transfer activities	29,457	22,251
Annual meeting	40,139	33,413
Corporate	145,912	127,751
Awards and grants	59,151	61,236
Governance	1,104	9,911
	343,237	451,397
EXCESS (DEFICIENCY) OF REVENUE OVER EXPENSES (\$)		
	6,917	12,780

STATEMENT OF FINANCIAL POSITION MAY 31, 2020

	2020	2019
ASSETS (\$)		
CURRENT ASSETS		
Cash	350,494	129,242
Guaranteed investment certificates, from 1.25% to 2.39%, maturing in May 2021	333,029	394,023
Accounts receivable	26,269	59,740
Prepaid expenses	2,062	884
	711,854	583,889
GUARANTEED INVESTMENT CERTIFICATES	-	126,016
	711,854	709,905
LIABILITIES (\$)		
CURRENT LIABILITIES		
Accounts payable and accrued liabilities	22,748	24,267
Deferred revenue	21,538	24,987
	44,286	49,254
NET ASSETS (\$)		
UNRESTRICTED		
	667,568	660,651
	711,854	709,905

2019–2020 SPONSORS

VISIONARY



Pfizer Canada Inc.



Eisai Limited



Sanofi Genzyme Canada Inc.



Affinity Group MD Financial
Management/Scotiabank Healthcare+



INNOVATOR



Ipsen Biopharmaceuticals Canada Inc.

ADVOCATE



Boehringer Ingelheim — Eli Lilly Alliance

STAFF



Inika Anderson
Executive Director
inika@endo-metab.ca



Pam Gosewich
Membership Coordinator
(part-time)
csem@endo-metab.ca



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